



Gastroenterology
& Hepatology
ASSOCIATES OF MID-MICHIGAN, PC
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Givens Capsule Endoscopy Preparation

To reschedule, cancel, comments or concerns please call: 989-839-0750

__ Todd K. Holtz, M.D.

__ Ernest Ofori-Darko, M.D.

__ Christina L. Murphy, D.O.

__ Karen F. Huang, D.O., FACOI

Arrival Date: _____

_____ **Riecker Surgery Center, 4400 Wellness Dr., Midland MI 48670**

****You will be contacted by phone 2 business days prior for your arrival time.**

**See reverse side for prep instruction.

CAPSULE ENDOSCOPY PATIENT INSTRUCTIONS

Capsule Endoscopy involves swallowing a capsule the size of a large vitamin pill. As the capsule passes naturally through your bowel, it is taking pictures of your small intestine. The pictures are transmitted to small sensors placed on your abdomen, and then to a Data Recorder worn on your waist. The capsule, which is disposable, will pass through your bowel in a couple days after swallowing it. You do not need to retrieve it.

Please report to the Riecker Surgery Center for your procedure.

- ❖ **Please stop taking iron supplements five days before the procedure.**
- ❖ **Notify the ordering physician if you have a history of an internal pacemaker, a defibrillator, prior bowel obstructions or difficulty swallowing.**
- ❖ **If you have problems with constipation, notify doctor's office for bowel prep instructions.**
- ❖ **Notify the doctor's office if you are insulin-dependent diabetic.**

Special Instructions for Two Days Before Capsule Endoscopy

Take 2 Dulcolax Tablets in the morning and 2 tablets in the evening each day for 2 days prior to the procedure.

Special Instructions for the Day Before Capsule Endoscopy

1. **At noon on the day before the Capsule Endoscopy, start drinking only clear liquids and stop eating solid foods.** You may drink any clear liquid of your choice such as black coffee, sodas, clear juices and broth.
2. Do not smoke 24 hours prior to undergoing the procedure.
3. **Do not drink anything after 10pm.**

The Day of Capsule Endoscopy

1. Do not take any of your home medications before coming to the hospital.
2. Please wear comfortable, loose **two piece clothing** to the hospital.
3. **Please take two Mylanta Gas (any 80 mg symethicone) tablets one hour before coming to the Riecker Surgery Center.**
4. When you arrive at the **Riecker Surgery Center**, a nurse will complete a brief health history. Please bring a list of your medications.
5. The sensors will be applied and attached to the Data Recorder. You will be given the capsule to swallow. Further instructions regarding diet and activity will be given at this time.
6. You will report back to the Riecker Surgery Center **eight** hours from the time that the capsule is swallowed.